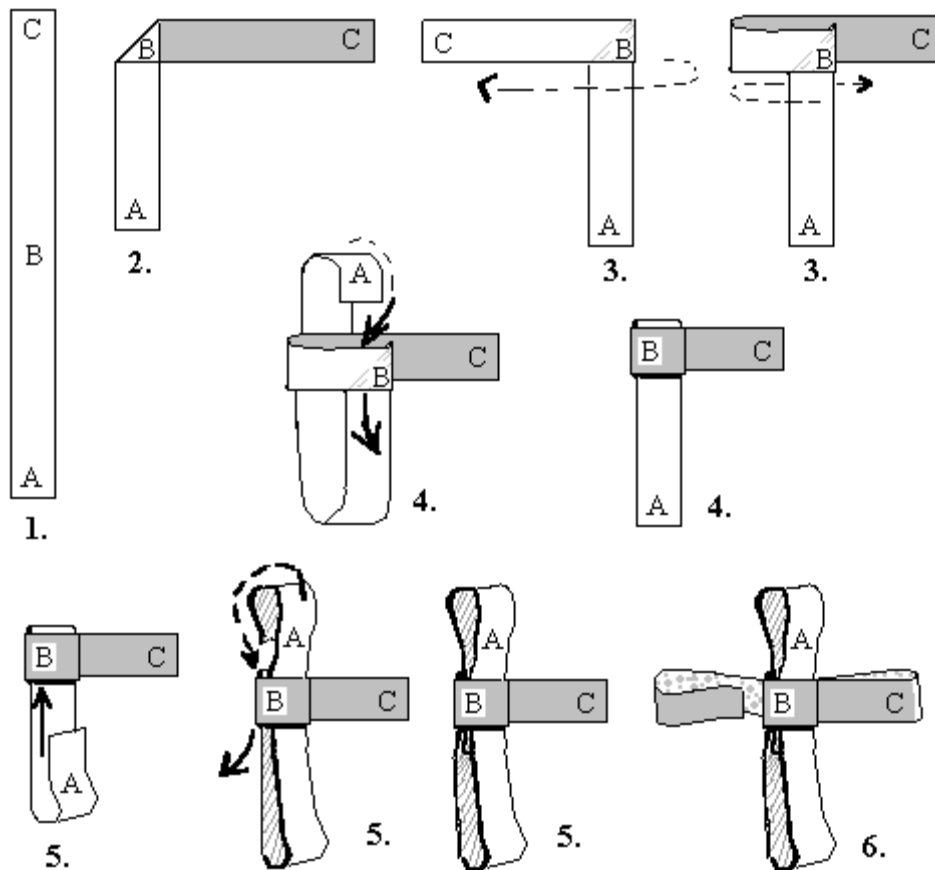


# How to make a Palm Cross



START with a long vertical strip of palm as shown in the upper left drawing.

1 - Make a diagonal fold near the middle of the strip so that the top part of the strip extends out to the right.

2 - Fold C over B so that the top of strip extends to the left.

3 - Fold C end under B so that top of strip extends to the right again.

4 - Fold A under B and through slot and pull tight (shape looks almost the same but B now has more slots). Be sure to pull end A all the way through, snug and tight but gently. It is this step that creates the flat knot that has the slots you will use in steps 5 and 6.

5 - Bring A end up and through bottom slot at B and pull half way through and tuck A into top slot at B.

6 - Bring C end over and through right slot at B and pull half way through and tuck C into left slot at B. Now push/pull to adjust the limbs of the cross and shape it.

The size of the cross depends on the size of the palm strip that you use.

Example: A palm strip size 13" long x 1/2 " wide, will create a cross that is approximately 2 1/2 inches tall.