



8am Holy Communion, in Church

10am Service of the Word, in Church & [Zoom](#)

You are welcome to share in our worship in the following ways:

1. Come to Church All are welcome!

Remember to bring your order of service for the 10am service.

2. Join Zoom on your computer

When signed in you can 'Join a Meeting' (ID: [927 480 8728](#) / Passcode: [889123](#)).

3. Join with Audio Zoom via phone

a) Call **0131 460 1196** b) Enter Meeting ID then #, then enter Meeting Passcode then #

Come and enjoy fellowship and refreshments in the WCC after the 10am service.

After coffee, we welcome John Emmett for a brief presentation about Riding Lights, one of the two charities we are supporting in our Appeal this Lent. Riding Lights is a professional, nationally touring theatre company with a strongly Christian ethos. Its output is explicitly Christian, or at other times gives a Christian perspective on contemporary life, exploring topics such as dementia, AI, and supporting young people in the care system. Its new Passion Play, Night Falls is touring during Lent and will be at Chelmsford Cathedral on 23rd March and Verso Vineyard Church, St Albans on 27th March.

WORSHIP IN LENT: 'TEMPTATION, TEMPTATION!'

Sunday services will feature a sermon series pondering different aspects of temptation. The aim of the series is to explore something of what Scripture teaches about the different drives and desires which can separate us from God, and how by God's grace we can live more faithful, obedient lives of discipleship. This week, we consider the temptations of Gluttony and Avarice.

A Psalm for today, Psalm 119. 65-72

Refrain: I know, O Lord, that your judgements are right.

You have dealt graciously with your servant, according to your word, O Lord.

O teach me true understanding and knowledge, for I have trusted in your commandments.

Before I was afflicted I went astray, but now I keep your word.

You are gracious and do good; O Lord, teach me your statutes. **[R]**

The proud have smeared me with lies,

but I will keep your commandments with my whole heart.

Their heart has become gross with fat, but my delight is in your law.

It is good for me that I have been afflicted, that I may learn your statutes.

The law of your mouth is dearer to me than a hoard of gold and silver. **[R]**

God our comforter, send your Holy Spirit to reveal your hidden mercy even in our failures and troubles; for the sake of Jesus Christ our Lord. Amen.

Parish Register for February

We remember in our prayers the family of Derek Bastick whose funeral took place last month.

Collect for The Second Sunday of Lent

Almighty God, you show to those who are in error the light of your truth, that they may return to the way of righteousness: grant to all those who are admitted into the fellowship of Christ's religion, that they may reject those things that are contrary to their profession, and follow all such things as are agreeable to the same; through our Lord Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

A Gospel reading for today, Matthew 6. 24-30

'No one can serve two masters; for a slave will either hate the one and love the other, or be devoted to the one and despise the other. You cannot serve God and wealth. 'Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing? Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And can any of you by worrying add a single hour to your span of life? And why do you worry about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, yet I tell you, even Solomon in all his glory was not clothed like one of these. But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, will he not much more clothe you—you of little faith?

CHILDREN & YOUNG PEOPLE

Come and share our short session for children and young people during our Sunday 10am service EVERY WEEK!

We invite children of all ages, with their adults, to come into the Lady Chapel during part of the service, and share in A Godly Play (a short visual storytelling of scriptures, with wondering questions, stories, crafts, puzzles, and even some acting for those that want ... for all ages to share together; then various age related activities). **We also have an older group breakout session most weeks.** This week we conclude our series on the prophet Jeremiah, and how he spoke out faithfully for God in difficult times. We learn about Jeremiah in the well, (*Jeremiah 38. 1-13*).

Our [Children & Young People](#) website page has loads of activities to help young people get to know the person of Jesus this Lent. **There will be something new each week!**

Our young person's choir - If your child is 7 or over and interested in joining, please contact Nathan Collins (stmichaelsbsdom@gmail.com) We will also be starting choral and organ scholarships for our young people.

PRAYER, COUNSEL AND SUPPORT

If parishioners would value the prayers, counsel and support of the church, in time of need for themselves or others on their hearts, please do reach out to the ministry team. Do speak to us in person at church services and events, or use the contact details on the next page. Thank you.

The church is open each day, from early morning to mid afternoon.

An opportunity to spend some comforting time in prayer, peace and reflection.



Forthcoming 8am services – We'll celebrate Holy Communion at 8am **this Sunday 1st March**, then 15th and 29th March (Palm Sunday).

Lent Reflections, Tuesdays from 12-12:30pm in the Lady Chapel – All are warmly invited to join these sessions during Lent. This year our theme is Journey to the Cross, with an audio reading from Bear Grylls book, 'The Greatest Story Ever Told': a retelling of the Gospel through the eyes of those who knew Jesus best, a short reflection, music and prayer. We continue **this Tuesday** with Ta'om (Thomas). Each session is followed by a frugal lunch at 12:30pm in the WCC, in aid of the two charities supported by our Charities Support Group Lent Appeal this year. [See our Lent flyer on our website](#) for more information; there are a few copies in the Publicity Area too.

TLC Tuesdays, next meeting on Tuesday 3rd March in the WCC, 2:15pm for 2:30pm Join tea and talk and a regular short presentation on wide-ranging interests. This month we are delighted to welcome our own Rev'd June Knight with her talk, *Called and Collared*.

Holy Communion, Wednesday 4th March, 10am – Refreshments afterwards.

Tiny Tots, Thursdays from 12:30-2/2:30pm, WCC – For parents/carers and babies/preschoolers in term time; plus older children in the holidays. Playtime, tea/coffee, songs, stories, activities and a prayer. Buggy access and baby change available, and you're welcome to bring a packed lunch if you like. It's also ok to be late, we understand!

Lunchtime Recital this Thursday 5th March, 1:30pm. We are delighted to welcome back students from Bishop's Stortford College to St Michael's for the last in this lovely series of free half hour/forty-minute recitals. Retiring collection.

Prayers for our Community, Saturday 7th March, 9:30-10am – All welcome.

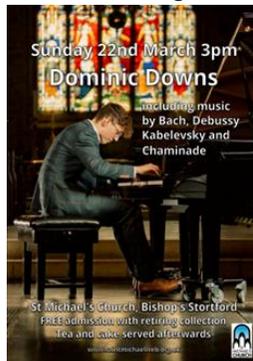
Spring Coffee Morning: Saturday, 7th March at 10am – All welcome! Fresh coffee/tea and cakes ... plus a cake stall, toy stall, raffle and good as new/unwanted gift stall. Come and join us for a cuppa! Any helpers and cake bakers most appreciated (contact Gill).

Our craft group meets on alternate Mondays in the WCC, 10am - 12noon. Next on Monday 9th March – All welcome! We might bring along our own current crafting hobby and sometimes one of the group shares a craft.

Healing Prayers – are offered in the Lady Chapel after worship on fourth Sundays each month, **next on Sunday 22nd March**.

Recital, Sunday 22nd March at 3pm. A piano recital with Dominic Downs. Free admission, retiring collection, tea and homemade cakes afterwards.

Quiet Days in Albury – Days of reflection and contemplation in June's home. We'll be taking a break for a few months, meeting next on **Thursday 26th March**. We still need drivers, please contact the Parish Office if you think you could help.



The Charities Support Group would welcome new members If you're interested in helping support charities through events, talks and distributing the funds at St Michael's Church then get do in touch with CSG or Derwyn. Specifically we would like someone to work alongside the current treasurer with a view to taking over at some point. Equally if someone could regularly do minutes at our meetings (4 per year) this would also be appreciated. Our next meeting is **9th April at 7.30pm in the WCC**. Val Ashwood (Chair).

Are you interested in joining a home group? Perhaps you'd like to find out about what they can offer? Contact Derwyn in the first instance if you'd like to know more.

Tower Room Update – See the Schedule of Documents on our website [Notices page](#)

Communion Music – To help with congregational singing at communion, the Sidespeople have melody versions of some settings available for worshippers. If you'd be helped by having some music for these, do ask for a score when you pick up your service books.

We have a wonderful band of cleaners and are now looking for extras – We have two groups, and it would mean cleaning once every eight weeks. We meet on the final Saturday of the month from 10-11am or earlier if preferred.

Food Bank Plea – Increased costs of living continue to hit foodbanks hard. Do consider whether you can donate: details on our [website](#) and church noticeboard.

Mary's Meals Foreign Currency Collection – There is a collection box in church during services for all your foreign currency, no matter how old, obscure or its value.

Postage stamps for charity – Remember to save your used stamps and put them in the bucket in the Publicity Area to go to charity. Please ensure that the stamps have a one inch paper envelope border, otherwise they cannot be used!

Lent Red Bucket Appeal from the Charities Support Group – We'll add this to the money raised through the Lent lunches and split the amount between Riding Lights and Embrace the Middle East: Al-Ahli Arab Hospital in Gaza. Donations can be made into the red bucket or on the card machine using the button 'Lent Appeal'. More information about the charities and donating through BACS is on our [website](#), on noticeboards and leaflets.

Details of all services and events are available on the [Calendar](#) page on our website. Do follow us on Social Media too, for regular updates.

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The Rev'd Derek Hinge (PTO) 652173
The Rev'd June Knight (PTO) 07539 058946 Deputy Churchwardens: T Pigram, P Rixson
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